

experts SPEAK OUT

BY ANN MERIN

5 beauty time-savers for busy moms



LOWLIGHTS ADD DIMENSION AND REDUCE THE NEED FOR FREQUENT TOUCHUPS. (HAIR BY BEAUTY HEAVEN)

It's been a year since all of my friends started having babies...and it's been just as long since I've seen any of them. Maybe I am exaggerating a little, but I don't think any new Mom would deny that taking care of small children leaves less time for extended family, friends and, even, themselves. This got me thinking about what advice I could give to Moms who still crave the salon experience but need treatments, services and products that will actually save them time. It's my latest, greatest list of beauty time savers - and some of the items may surprise you:

1) Eyelash Extensions. This may sound like an indulgence, but imagine waking up each day looking like you just expertly curled and applied mascara to your thicker, longer lashes. Now imagine a giggling toddler splashing water all over your face and, guess what? Your lashes still look perfect. Your initial application will take a little while (about 2 hours), but after that, just stop by the salon every month for about an hour and you'll never have to curl your lashes or put on mascara again.

2) Highlights. If you are a slave to getting your dark roots lightened every 3 weeks and don't have gray hair, think about switching to highlights. Letting some of your natural color show will greatly reduce your trips to the salon, and you should be able to go about 2 months without incurring any sympathetic looks from perfectly coiffed friends.

3) Lowlights. Already have highlights but feel like you have to touch them up more often than you'd like? Try adding lowlights choosing a color between your highlight and your natural base. This process will add dimension to your color and greatly extend the time between salon visits.

4) Make your gray work for you. Most women develop their first noticeable gray hairs around their hairline and at their part. Well, guess what? This is exactly where stylists place highlights. A deposit only color will transform those gray streaks into the look of a perfectly placed weave without requiring hours at the salon.

5) Scarf headbands. Nothing makes un-styled hair look more stylish or hides roots better than a scarf headband. I've found them in every color and design imaginable from Pucci inspired prints, to trendy polka dots, to summery plaids. You may be wearing jeans and a t-shirt and toting a toddler with indigestion, but throw on that scarf headband and you'll look like one of those fashionable women who doesn't have to try...which is exactly the point. You can purchase my favorite headbands at www.Beauty-Heaven.net.



Ann Merin is the owner of Beauty Heaven, a full-service salon specializing in hair color, hair cutting, Great Lengths hair extensions, eyelash extensions and makeup application.

CONTACT US:

2626 Dupont Dr., #A30, Irvine
949.309.2462
beauty-heaven.net